

Date: December, 30th 2022

Circular No:26/ AY 2022-2023

التاريخ: 30 ديسمبر 2022

Subject: School Canteen New Catering Company 2023

Dear Parents,

I trust that you are enjoying the last few days of the winter break with your children.
I am delighted to let you know about the school's new canteen company that starts **on January 2nd, 2023.**

To ensure that our students receive a nutritious hot meal and healthy snacks during the day, the school has signed [a new contract with "Food Nation."](#)

Food Nation is well-established with a good reputation and has canteens in many schools in Abu Dhabi.
Parents are satisfied with the cost of meals for their children and their service delivery.

A **Michelin chef** prepares the food for the company, which I am sure, our students will enjoy and find healthy.
I have attached the menus with the costs for your information.

We look forward to welcoming our students on **January 2nd, 2023, at 7:45 a.m.** for the start of an exciting second term.

Ajyal Al Falah's leadership and staff wish all our parents and students a blessed and prosperous 2023 ahead.

Yours sincerely,

Antoinette Brown
Principal Director



السادة أولياء الأمور الكرام،
نتمنى انكم تستمتعون بالأيام القليلة الأخيرة من عطلة الشتاء مع أطفالكم.
نود ابلاغكم أن شركة المقصف الجديدة ستبدأ العمل في المدرسة في 2 يناير 2023 .

لضمان حصول طلابنا على وجبة ساخنة مغذية ووجبات خفيفة صحية خلال اليوم، وقعت المدرسة [عقداً جديداً مع "فود نيشن"](#).

تتمتع فود نيشن بسمعة طيبة وتوفر الغذاء في العديد من المقاصف المدارس في أبوظبي. حيث إن أولياء الأمور راضون عن تكلفة وجبات الطعام لأطفالهم وعن خدماتهم.

يقوم الطباخ ميشالان بإعداد الطعام ، وننتهى من أن طلابنا سيستمتعون ويجدون طعاماً صحياً.
مرفق مع هذه الرسالة قائمة الواجبات والأسعار.

نتطلع إلى الترحيب بطلابنا في 2 يناير 2023 الساعة 7:45 صباحاً
لبداية الفصل الدراسي الثاني.

تتمنى ادارة أجيال الفلاح وموظفوها لجميع أولياء الأمور والطلاب عام 2023 عامًا مباركًا ومزدهرًا.
وتفضلوا بقبول فائق الاحترام،

أنطوانيت براون
مديرة المدرسة



WEEK 1

Menu Week: (02/01 – 06/01; 23/01 - 27/01
And 13/02 - 17/02)



Monday

Tuesday

Wednesday

Thursday

Friday

Student Favorite

Chicken Mandi

Beef Lasagna ●●

Harees ●●

Chicken Tikka Masala ●

Vegetarian Option

Black Bean Kofte w/ Mexican Sauce

Roast Vegetable Lasagna ●●

Mozzarella & Zucchini Risotto Balls ●

Pasta Twists w/ Mozzarella & Basil ●●

Vegan Option

Black bean Kofte w/ Mexican Sauce

Roast Moroccan Cauliflower & Lentils

Moroccan Chickpea Tagine

Spinach & Lentil Dal

HALF DAY

Sides

Tomato Sauce

Steamed Basmati Rice

Pilaf Rice

Basmati Rice

Vegetable

Garden Greens

Roast Carrots and Broccoli

Herb & Tomato Zucchini

Roast Marrow & Beans

Dessert

(Optional)

Vanilla Cheesecake ●●●

Sticky Toffee Pudding ●●

Date Slice ●●

Cocoa Pudding ●

Choice of One main course, served with Sides and Vegetables

PRICING: KG to Grade 2 = AED 16.00, Grade 3 and up = AED 18.00. Add a Dessert for AED 3.00/- only!

Gluten  Dairy  Egg  Soy  Fish 

WEEK 2

Menu Week: (09/01 – 13/01; 30/01 – 03/02)



Monday

Tuesday

Wednesday

Thursday

Friday

Student Favorite

Fish Bites ●●

Butter Chicken ●

Chicken Saloona

Chicken Fajita

Vegetarian Option

**Baked Ziti Pasta
w/ Tomato, Basil
and Mozzarella** ●●

Dal Makhani

**Vietnamese Style
Sautéed Vegetables**

**Penne
Arrabiatta** ●

Vegan Option

**Mixed Vegetable
Fried Rice**

Dal Makhani

**Vietnamese Style
Sautéed Vegetables**

**Penne
Arrabiatta** ●

HALF DAY

Sides

**Oven Roasted
Potatoes**

Steamed Rice

Pilaf Rice

Basmati Rice

Vegetable

**Sautéed Corn &
Green Beans**

Ratatouille

Garden Greens

**Zesty Corn &
Carrots**

Dessert

Carrot Cake ●●●

**Pineapple Upside
Down Cake** ●

Banana Crumble ●●

Crepe Caramel ●●

(Optional)

Choice of One main course, served with Sides and Vegetables

PRICING: KG to Grade 2 = AED 16.00, Grade 3 and up = AED 18.00. Add a Dessert for AED 3.00/- only!

Gluten



Diary



Egg



Soy



Fish



WEEK 3

Menu Week: (16/01 – 20/01; 06/02 – 10/02)



Monday

Tuesday

Wednesday

Thursday

Friday

Student Favorite

Chicken Machboos

Kibbeh Labanieh ●

Butter Chicken ●

Chicken Biryani ●

Vegetarian Option

Spaghetti Primavera ●

Cauliflower Cheese Lasagna ●●

Linguini w/ Marinara sauce ●

Vegetable Biryani

Vegan Option

Spaghetti Primavera ●

Braised Bean Irish Stew

Linguini w/ Marinara sauce ●

Vegetarian Biryani

HALF DAY

Sides

Saffron Rice

Carrot and Corn Rice

Basmati Rice

Tomato Sauce

Vegetable

Roast Zucchini and Broccoli

Edamame Beans and Peas

Sautee Vegetables

Honey Glazed Carrots & Peas

Dessert (optional)

Date & Cocoa Slice ●





Oatmeal Cookies●●

Red Velvet slice ●●

Banana Bread ●●

Choice of One main course, served with Sides and Vegetables

PRICING: KG to Grade 2 = AED 16.00, Grade 3 and up = AED 18.00. Add a Dessert for AED 3.00/- only!

Gluten  Dairy  Egg  Soy  Fish 



Grab and Go Menu

SANDWICHES

CHICKEN STEAKHOUSE/CHICKEN FAJITA PANINI	15.00
TOMATO, BASIL & 3 CHEESE PANINI	15.00
TOMATO, CHEESE & CUCUMBER	10.00
CREAMY CHICKEN MAYO	10.00
CREAMY TUNA & SWEET CORN	10.00
CHICKEN SNACKER/CHEESE BURGER	8.00

WRAPS

BUTTER CHICKEN WRAP/BOLOGNAISE WRAP	15.00
TANDOORI CHICKEN	15.00
CHICKEN TWISTER	12.00
CHEEZY TWISTER	12.00

PASTRIES & BREAD

ASSORTED PIZZA	5.00
ASSORTED MANAKESH	5.00
CINNAMON CROISSANT	7.00
BREAKFAST SLICE	5.00
TOMATO & CHEESE TWIST	5.00
BANANA BREAD	5.00
MUFFIN (FRUIT)	5.00
JBAB (PANCAKE)	5.00
BAKED CHICKEN TENDERS	6.00
HASHBROWN/CHICKEN NUGGETS	5.00
SPRING ROLL/SAMOSA	5.00

SALADS

CHICKEN CAESAR SALAD	15.00
TACO SALAD	15.00
KOREAN BBQ CHICKEN SALAD	15.00
RED PASTA SALAD/FATTOUSH	14.00
CORN SALAD	5.00
FRESH FRUIT SALAD	12.00
VINE LEAVES	7.00
HUMMUS W/ ARABIC BREAD	5.00
SALTED POPCORN	4.00
FRESH FRUIT (PC)	2.00